

## AL-ISLAM FATWA BANK - (Marital issues)

Title of Fatwa	Can a Husband Masturbate during His Wife's Period?
Topic Of Fatwa	Sexual Relations Between Husband and Wife
Question of Fatwa	As-Salamu `alaykum. I got married four months back. I am a Muslim and try to follow Islam to the best of my ability. During the time of my wife's period (which is usually seven days) I get sexually aroused a lot. I would like to know if, during this time, it is permissible for me to masturbate. If not, is there any other option?
Name of Mufti	Sheikh Ahmad Kutty
Answer	<p>Wa `alaykum As-Salamu wa Rahmatullahi wa Barakatuh.</p> <p>In the Name of Allah, Most Gracious, Most Merciful.</p> <p>All praise and thanks are due to Allah, and peace and blessings be upon His Messenger.</p> <p>Dear brother in Islam, thank you so much for your concerns about your religion and Allah's law even in what concerns your sexual life with your wife.</p> <p>As for your question, it should be clear that masturbation is generally considered forbidden in Islam since it is deemed to fall under the category of sexual satisfaction outside the framework of marriage. However, mutual masturbation between the man and his wife is not <i>haram</i>; rather, it is permissible because it is a part of the enjoyment which Allah has allowed. Allah Almighty says: "Those who guard their chastity (i.e., private parts from illegal sexual acts). Except from their wives or (the captives and slaves) that their right hands possess,—for them, they are free from blame." (Al-Mu'minun: 5-6)</p> <p>In response to your question, <b>Sheikh Ahmad Kutty</b>, a senior lecturer and Islamic scholar at the Islamic Institute of Toronto, Ontario, Canada, states:</p> <p>"We are not allowed to engage in sexual intercourse with our wives during their menstrual period. However, there is no taboo on gaining sexual satisfaction from them through other ways. The Prophet (peace and blessings be upon him) was once asked, "What is allowed for a husband from his wife during menstruation?" He replied, "Everything except sexual intercourse." Just as there is no taboo on intimate touching, fondling, caressing, et cetera, there is no prohibition on spouses masturbating each other, et cetera.</p>

Source: [www.al-islamforall.org](http://www.al-islamforall.org)

## AL-ISLAM FATWA BANK - (Marital issues)

	<p>Although you are not allowed to masturbate yourself, your wife can masturbate you without incurring any sin. So satisfy yourself through <i>halal</i> (lawful) ways; we have sufficiency in what Allah has made <i>halal</i> for us so that we do not need to turn to that which is considered as <i>haram</i> (unlawful)."</p>
--	--